

STRENGTH / CROSS FIT



AF 9930 CROSSFIT (BIG) - (SO)



Specifications

Aerofit Crossfit concept's modular design can be customized to best reflect your training programs and objectives, and provide your exercisers with the motivational resources they want and need. Each unit is modular, which means that a facility has nearly limitless options of how to build the optimal solution for its exercisers. The groundbreaking concept provides opportunities to offer exciting small group training to anyone in your facility.

Height: 100" (255 cm)

Weight: 1,499 lbs (600 kg)

Recommended Live Area: 22' x 27'

Accessories:

TRX Suspension - 2 Nos

Toning Tube - 2 Nos

Boxing Kit Bag - 1 No

Bouncing Ball

1 KG - 1 No

2 KG - 1 No

Medicine Ball

1 KG - 1 No

3 KG - 1 No

Tricep Rope-2 Nos

Olympic Bar - 1 No

Kettle Bell

4 KG- 2 Nos

8 KG- 2 Nos

12 KG- 2 Nos